

Did you lose  
a loved one  
to COVID-19?

You MAY qualify for FEMA  
Covid-19 Funeral Assistance to  
help cover unexpected costs.  
Call FEMA  
844-684-6333  
for more information  
or contact us at 940-365-7529  
Slay Memorial Funeral Center



Serving the North Texas Corridor Since 2005

Readership over 100,000

For More Information

Call 972.658.2033

PRSRT. STD.  
ECRWS  
U.S. POSTAGE  
PAID  
AUBREY, TX  
PERMIT NO. 6

Current Resident

# THE 380 NEWS™

The Most Prominent News Source in the 380 Corridor!

November 2021 • Volume Fifteen • Issue Six

Serving the North Texas Corridor Since 2005

380News.com • info@380News.com • 972.658.2033

Aubrey • Cross Roads • Krugerville • Little Elm • Oak Point • Paloma Creek • Pilot Point • Prosper • Providence • Savannah

## Inside Section A:

### METRO A2



McKinney Chamber Seeing  
Early Successes with  
Diversity Initiative

### HEALTHY LIFESTYLES A3



Board of Trustees Recognize  
Denton ISD Graduate Who  
Finished as Runner-Up on Hit  
Television Series

### EDUCATION A4



Denton County 4-H Members  
Excel at County Food Challenge



Commended Student in the National  
Merit Scholarship Program



CoServe Energizing Teacher of  
the Month Recognized

### SPIRITUAL A5



Join Us for our Annual Candlelight  
Memorial Service

## District Partners Join Together, Dedicate Mini-Pitch at Navo Middle School



**DENTON ISD, TX-** Three prominent Denton ISD district partners were all recently on hand to unveil a new mini-pitch at Navo Middle School. The FC Dallas Foundation, CoServ, and Globe Life worked together to create this innovative field for students to enjoy.

“The intrinsic value in creating this mini-pitch here at Navo Middle School can not be understated. I’m a true believer in the educational benefits of sports and soccer specifically with what it provides for our youth,”

said Jimmy Smith, FC Dallas Chief Operating Officer. “We recognize that not every player is going to be able to make it professionally but the benefits of playing sports and having that teamwork dynamic, working through challenges, setting goals, staying committed to something bigger than yourself, and doing things the right way are an important foundation for success.”

The pitch is part of the FC Dallas Foundation’s commitment to promoting a healthy, active lifestyle for youth and

communities in North Texas by building safe places for them to play soccer.

“To be able to partner with Denton ISD and help make this opportunity come to life for the students at Navo Middle School and to give these kids a hands-on opportunity to be a part of something valuable to them, and that helps them focus on living a healthy and active lifestyle is what it’s all about for us and those are the types of partnerships we want to continue to grow

*Continued on A4*

## Friends of Hagerman



**GRAYSON COUNTY, TX-** Join the Friends of the Hagerman to examine Chickasaw history and incorporate some comments relating to Native American influences in North Texas. Scheduled for Saturday, November 13th at 10:00 a.m. and registration is required. It will be online via ZOOM.

Presentation will be hosted by Wilson Seawright who is an Archivist with the



Chickasaw Cultural Center in Sulphur, Oklahoma. He is a Graduate of East Central University in Ada, OK. with a BA in Education, and later with a Master’s degree in Human Service Administration. He is currently the Vice President and Past President of the Board of Trustees of the Greater SW Historic Museum in Ardmore, OK, and is the Secretary of the Board of Directors for the Southwestern

Historic Foundation.

Winners from the 2021 Friends of Hagerman NWR Photo Contest will be announced.

Register in advance for this presentation: <https://us02web.zoom.us/j/6hqc8rEtS8C-9qTnZDLeIU30QTVLQz1> Easy Zoom Instructions: Follow the link above to ZOOM registration. You will receive

*Continued on A4*

## Four Denton ISD Marching Bands Awarded UIL 1st Divisions



6A Braswell HS Band - Aaron Snipes, director; Taylor Sitzman, associate director; Alan Miller, percussion director; Emily Strother, color guard director

**DENTON ISD, TX-** On Saturday, Oct. 16, all of Denton ISD’s high school marching bands performed in the UIL Region 2 Marching Band Contest at C.H. Collins Athletic Complex. The four bands gave outstanding perfor-

mances and all four received unanimous 1st Division “Superior” ratings from all of the judges. All four bands will advance to their respective UIL classification’s Area level contest.

Denton High and Ryan High bands will perform in the UIL 5A Area B Marching Band Contest on Saturday, Oct. 23 at Children’s Health Stadium in Prosper ISD. Twenty-two bands will perform in the preliminary competition with Denton High performing at 9:45 a.m. and Ryan High at 10:45

*Continued on A5*

## White-Tailed Deer Season Begins

*Zach Davis*



**DENTON COUNTY, TX-** White-tailed deer season has already started for youth Denton County hunters. Youth Season is opened the weekend of October 30th-October 31st before the official season, which runs from November 6th through January 2nd. Youth season opened early to hunters 16 years of age and younger. Hunters under nine

years old must be accompanied by a licensed hunter who is exempt from hunter safety education or already completed certification. Hunters 9-16 years of age must complete the hunter’s safety education course to be eligible to hunt this year. All hunters must purchase a license through a certified dealer

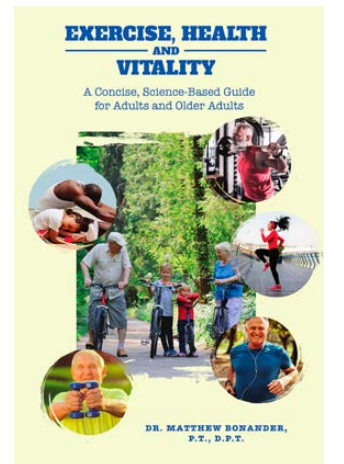
*Continued on A2*

## Aging and the Benefits of Exercise

*By Dr. Matthew Bonander, licensed Physical Therapist, Doctor of Physical Therapy*



**DENTON, TX-** Socrates once said, “No man has the right to be an amateur in the matter of physical training. It is a shame for a man to grow old without seeing the beauty and strength of which his body is capable.” It’s true that changes occur as we age, but just as true, is the body’s ability to respond to exercise. As age increases, individuals should remain optimistic because our muscles respond to training



with marked and rapid gains into the ninth decade of life and beyond.

Many people realize that exercise is profitable. Physiologically many benefits, such as im-

*Continued on A3*

## Some places call it assisted living. Here, it’s a little help from your friends.

Receive your third month free\* when you move into assisted living.

\*Discount taken off the base price. Offer expires Jan. 1, 2022.

Call (940) 383-2651 for more information or to schedule your tour.



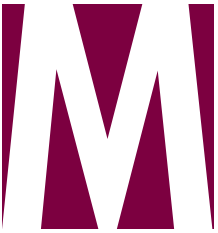
Good Samaritan Society – Denton Village  
2500 Hinkle Dr • Denton, TX, 76201

[good-sam.com](http://good-sam.com)



All faiths or beliefs are welcome. © 2021 The Evangelical Lutheran Good Samaritan Society. All rights reserved.  
ID#146262.  
284-435-787 Rev. 6/21





# METRO

380Guide

380News

Your Guide To Life

Your Local News Source

**Publishers**  
**Jodie Linton-Prickett**  
**David Prickett**  
publisher@380News.com  
972.658.2033

**Executive Editor**  
**Jodie Linton-Prickett**  
admin@380News.com

**Account Executive**  
**David Prickett**  
214.564.6693

**General Sales**  
972.658.2033  
info@380News.com

**Creative Director**  
**Mariah Acevedo**

**Mailing Address:**  
**P.O. Box 399**  
**Aubrey, Texas 76227**  
**Physical Address:**  
**301 South Washington St,**  
**Pilot Point, TX 76258**  
**www.380News.com**

**380News**

380News is a regional publication covering local community news for Northeast Denton County and Northwest Collin County including the communities of Aubrey, Cross Roads, Krugerville, Pilot Point, Little Elm, Oak Point, Paloma Creek, Prosper, Providence, and Savannah. A direct mail newspaper, 380News has a monthly distribution of 15,000 papers including residential households, businesses, Chambers of Commerce, Master Planned Communities, and Home Owner Associations. 380News reaches almost 40,000 North Texas readers.

**Advertising and Editorial Submission Deadlines**

The publication deadline for advertising, editorial submissions, guest editorials, and letters to the editor is the 15th day of the preceding month for each issue. Letters to the editor must be 300 words or less and include a name, address, and phone number (only name and city will be published). Content may be submitted via email to info@380news.com.

Opinions expressed in articles or letters do not reflect the opinions of 380News, North Texas Media Group, LLC or any 380News staff member. 380News and North Texas Media Group, LLC reserves the right to edit all submitted content and reject material deemed unsuitable for 380News without reason. 380News is distributed monthly to homes and businesses within the 380 Corridor. 380News makes every attempt to ensure accuracy of the information it publishes, but cannot be held accountable for any consequences arising from any inaccuracies or omissions. Reproduction in whole or in part is strictly prohibited without expressed written consent from the editor. Copyright © 2021

380News is a proud member of the following Chambers:

## McKinney Chamber Seeing Early Successes with Diversity Initiative

Keith King

MCKINNEY, TX – The strange cadence that was 2020 has turned into an even stranger cadence of 2021. Not only is COVID-19 still around, businesses – large and small – are dealing with labor shortages, supply chain issues, mandates, and much more.

One of the topics we, as a Chamber of Commerce, pledged to start tackling in 2020 was diversity, equity, and inclusion (DEI). We promised a multi-pronged approach to help the McKinney area define any actionable changes that

can be made at the local or state level.

As a result, we formed a DEI Task Force led by Don McKneely, the president and founder of Business News Group. Other members of the task force include Leroy Armstrong with Charis Communications, Derrick Robinson of AEYL, James Craig of Craig International and Katy Drake Bettner of Playful Studios.

The McKinney Chamber has also reinstated its Foundation to provide funding

for our Diversity Initiatives – which led to a successful fundraising campaign led by Nate Pike of Utter Pike Private Wealth Management Group of Wells Fargo Advisors. The lead donor is Independent Financial. Other companies that have contributed include Raytheon, Emerson, Atmos Energy, and more.

“I’m thrilled the Chamber is leading the many fantastic businesses in our community toward this crucial objective at such an important time,” said James Tippit, the Executive Vice President of Corporate Responsibility at Independent Financial. “Ultimately, DEI is about being unified not uniform. It creates a place of belonging that allows for individual flourishing and connection to each other, which in turn becomes a

force multiplier for teams. At Independent Financial, we know that high performance teams means being better together.”

“We look forward to identifying opportunities where we can help move this community forward in meaningful ways as we invest in our diversity initiatives,” said Lisa Hermes, President and CEO of the McKinney Chamber of Commerce. “Like we said last year, we want this to be more than words we put onto a report, but rather action items that can help our region in the long run.”

One of the action items already underway by the Chamber, with support from the Foundation, is hiring Arrowhead Consulting, LLC and their Senior DEI Consultant Kuma Roberts to provide

guidance and help the Chamber develop an action plan.

“We hope that through this initiative, the Chamber can begin in earnest to lead more courageous conversations, take an unflinching look at their own policies and practices with the hope of coalition building across the community to ensure McKinney remains, relevant and attracting and retaining top talent,” said Roberts.

Something else the McKinney Chamber is doing – and will continue to do - is supporting the McKinney Juneteenth Celebration as well as this year’s Dia de los Muertos celebration in McKinney.

Companies interested in learning more about helping fund Diversity initiatives in McKinney can contact Lisa Hermes at the McKinney Chamber of Commerce at lhermes@mckinnychamber.com.

## Trustees Review HB3 Teacher Incentive Allotment Program

DENTON ISD, TX- Denton ISD Board of Trustees recently reviewed a statewide teaching incentive allotment program aimed at improving teacher retention in the classroom through incentive-based higher salary wages and compensation. The House Bill 3 Teacher Incentive Allotment (TIA) was established during the 86th legislature (January - May 2019) and is designed to give teachers access to a six-figure salary.

An extended presentation by Jason Rainey, executive director of human resources, focused on how the program would help Denton ISD reward, retain, and recruit teachers in every classroom because of their extensive work experience in their subject area.

“In recent years, surveys done by the TEA have shown that among college-aged students, interest in pursuing a teaching certification is on the decline,” said Mr. Rainey. “This proposal would allow us to not only hire more effective teachers but distribute those teachers to the campuses of highest needs. Essentially, our intent with this program is to make sure that our best teachers ultimately are working with our students who present the highest need.”

Teachers are eligible to generate allotment funds up to \$32,000, beyond their current salary, for their district based on classroom performance. High-performing teachers will be designated as “Recognized,” “Exemplary,” or “Master” level educators based on statewide performance descriptors for these designations.

The district, along with other districts state-wide, plans to work

with Texas Tech University to establish the new criteria for teacher designations.

Designation status for teachers will be measured in several ways including classroom observation and student performance. School districts will have the discretion to include other factors such as teachers who mentor other teachers or student feedback.

“I realize this is a very complex and somewhat complicated process,” said Dr. Jim Alexander, trustee. “But I think we as a district need to do all we can do to really take full advantage of this as an opportunity to first help further compensate our teachers in this district, and second, it is a really interesting way of helping to achieve a higher degree of equity among our schools.”

The district is currently in the fact-gathering stage in its plan as administrators engage in discussion with stakeholders, like the presentation for trustees.

The state’s application process will conclude in April of 2022 and be sent to TEA for review. Upon approval of the application, the district will begin capturing data on its teachers during the 2022-23 school year and will submit results to Texas Tech University for validation.

TEA will then review the outcomes of the data validation and the application to determine final approval. If approved, the district will begin issuing designations. Operating within this timeline, final teacher designation and compensation will take place in the 2023-24 school year.

## Comptroller Glenn Hegar Distributes \$907 Million in Monthly Sales Tax Revenue to Local Governments

AUSTIN, TX — Texas Comptroller Glenn Hegar announced today he will send cities, counties, transit systems

and special purpose districts \$906.6 million in local sales tax allocations for October, 20.6 percent more than in October 2020. These allocations are based on sales made in August by businesses that report tax monthly.

LOCAL SALES TAX ALLOCATIONS (Oct. 2021)

Recipient	Oct. 2021 Alocations	Change from Oct. 2020	Year-to-date Change
Cities	\$584.0M	↑20.1%	↑13.9%
Transit Systems	\$193.2M	↑21.6%	↑12.4%
Counties	\$53.8M	↑15.3%	↑7.5%
Special Purpose Taxing Districts	\$75.5M	↑26.7%	↑17.6%
Total	\$906.6M	↑20.6%	↑13.5%

For details on October sales tax allocations to individual cities, counties, transit systems and special purpose districts, visit the Comptroller’s Monthly Sales Tax Allocation Comparison Summary Reports.

### ‘White-Tailed Deer...’ continued from front page

from the Texas Parks and Wildlife Department. The bag limit for white-tailed deer in Denton County is four deer, no more than legal two bucks (males), and no more than two antlerless deer (females).

Legal bucks have two different definitions, a deer with an inside spread of at least 13 inches meets the qualifications. If the deer’s inside spread is outside the length of the ears that is a good indicator to use. Another definition is a deer commonly called a “spike” deer with at least one unbranched antler. If a deer has branched antlers but is inside the 13-inch spread, it is an illegal buck to harvest. While any branched antlered deer over the 13-inch indicator is legal to harvest, more conservative hunters and game managers may choose to leave a buck until they are more mature, around 5 or 6 years of age. An ideal stocking rate for an area would be one buck to two-to-three does.

According to Texas Parks

and Wildlife, an estimated 5.4 million white-tailed deer are living in Texas. These deer have rebounded greatly from an estimated population of 232,000 in 1938.

“White-tailed deer forecasts and expectations are, in large part, driven by habitat conditions that the deer are experiencing across their range in Texas in the eight to ten months prior to the season,” according to Alan Cain, TPWD White-Tailed Deer Program Leader. “Though the end of 2020 was dry, and early 2021 experienced freezing conditions that delayed green up of important browse plants, the late spring and summer rainfall acted like liquid fertilizer for forb, grass, and woody plant production and has provided a buffet of natural forages for deer.”

Deer typically stay in their home area and do not migrate more than one square kilometer. White-tailed deer hunting contributes an estimated 1.2 billion

in economic output to the state, and 15.7 billion nationally. White-tailed deer venison has a lot of advantages over beef from a nutritional standpoint. In 4 oz. of meat, venison contains 2.2 grams of fat compared to 18.5 grams of beef. Calories have another noticeable difference, with 128 calories vs. 290 calories. White-tailed game meat is characteristic of buzz words in the produce section these days. It’s all-natural, never been exposed to antibiotic treatment, and is predominately fed by forbs, or vegetation.

Texas A&M AgriLife Extension provides equal opportunities in its programs and employment to all persons, regardless of race, color, sex, religion, national origin, disability, age, genetic information, veteran status, sexual orientation, or gender identity. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating

# SWAN

## ROOFING, L.L.C.

### 940-898-8313

#### Experience the Swan Difference

www.SwanRoofing.com

QUALITY ROOFING SINCE 1981

## HOLIDAY OPEN HOUSE

NOVEMBER 13-14  
DOWNTOWN DENTON  
DENTONMAINSTREET.ORG

Shop & Dine in Downtown Denton | Special Offers | Door Prize Drawings





# HEALTHY LIFESTYLES

## Board of Trustees Recognize Denton ISD Graduate Who Finished as Runner-Up on Hit Television Series



**DENTON ISD, TX--** During the Sept. 28 meeting, the Board of Trustees recognized Megan Gill. Chef Gill, a 2014 graduate of Ryan High School, recently participated in the finale episode of “Hell’s Kitchen: Young Guns” hosted by celebrity Chef Gordon Ramsay. “I grew up in this district and this is really awesome and I just want to say thank you for this recognition and thank you to Chef (Paul Niles),” said Megan Gill. “Chef, it was in your class at the ATC that I discovered that I really love cooking and I’m very competitive and that’s where I truly discovered my love for both cooking and compe-

tion in your class.” In the winner-takes-all style elimination cooking show, Chef Gill outlasted 16 contestants through 15 episodes and 16 high-pressure eliminations to make it to the final two. Although she finished as the show’s runner-up to Trent Garvey, an executive chef from Missouri, Chef Gill won seven challenges during her season and performed admirably, creating a very strong following nationally and online. Chef Gill currently serves as the lead line cook at Brook Hollow Country Club in Dallas. Her performance on the hit television show had many mouths watering.

Gill prepared dishes like salmon with fennel and orange; chipotle sweet potato puree topped with a seared filet and barbecue-rubbed shrimp with peach chutney. “I’m very proud of her leadership in the kitchen and of course, I believe she should’ve won it all,” said Chef Paul Niles, Megan’s culinary arts instructor at the LaGrone Advanced Technology Complex. “I loved watching her share her talents and heart for cooking with the world.” While Chef Gill may have fallen one spot short of her goal, the Denton ISD Board of Trustees honored and celebrated her persistence and representation of the Denton ISD community through an amazing performance.

proved bone density, muscular strength, and standing balance, are evident. Functional status with regular exercise may minimize or even reverse physical frailty. Regular exercise also provides an effective means to diminish orthopedic injury, including those related to falls, in the aging population<sup>1</sup>. This can be an effective means to address conditions such as sarcopenia (muscle weakness and atrophy), osteopenia or osteoporosis (decreased bone density) as well as balance deficits. Exercise has unquestionable benefits for the cardiovascular system as well. For instance, an article published by the American Heart Association and written by Johnathan Myers (2003) reported that patients who were recently diagnosed with heart disease and participated in an exercise program were said to have an earlier return to work as well as increased measures of quality of life, such as self-confidence, lower anxiety, and stress. Myers also noted that research has discovered that heart attack patients who participate in formal exercise programs have a reduction in death rate by 20-25%. Other benefits of sustained exercise and physical activity include increased exercise tolerance, lower body weight, reduced blood pressure, decreased bad (LDL and total) cholesterol as well as improved good (HDL) cholesterol<sup>2</sup>. Exercise also helps the lungs, or pulmonary system. When

individuals maintain physical activity, their lungs work to supply oxygen to the muscular system and throughout the body. Both aerobic (endurance) and anaerobic (strengthening) exercise make the lungs stronger. As peoples’ physical fitness improves so does the ability of their body to transport oxygen more efficiently in the bloodstream and to the body’s various life-giving organs. Enhanced oxygenation helps individuals to become less short of breath over time. According to the American Lung Association<sup>3</sup>, targeted exercises that strengthen the neck, chest, and back muscles can help to promote effective inhalation and exhalation. Maintenance of healthy lungs is also essential in diminishing the likelihood of infections such as pneumonia. The U.S. Department of Health and Human Services<sup>4</sup> recommends a minimum of 150 minutes of moderate-intensity exercise (or activity) per week. This can be done by tradition means of exercise (e.g., weights; treadmill; jogging) or physical activity (e.g., housework; yard work). It is important to engage in exercise or activity that is enjoyable. Research has demonstrated this promotes adherence over time. Socrates correctly has said that the body has strength and beauty as well as the ability to respond to exercise. Some good questions to ask oneself in con-

sidering the topic of physical exercise and activity include: What forms of exercise or physical activity do I find enjoyable? Is there someone who can keep me accountable? What are my personal goals for engaging in exercise? Am I engaging in adequate levels of exercise (>= 150 minutes/week)? An intentional pursuit of exercise can enhance health, vitality, and quality of life<sup>5</sup>. Author: Dr. Matthew Bonander, licensed Physical Therapist, Doctor of Physical Therapy  
*Referenced from the first Chapter of his book: “Exercise, Health and Vitality”*  
*References:*  
1. McArdle, W., Katch, F., Katch, L. (2001). *Exercise Physiology: Energy, Nutrition, and Human Performance*. (5th ed.). LWW.  
2. Myers, J. (2003). *Exercise and cardiovascular health*. *Circulation*, 107(1), 2-5.  
3. American Lung Association. *Exercise and Lung Health*. Retrieved on March 1, 2020. <https://www.lung.org/lung-health-diseases/wellness/exercise-and-lung-health>  
4. U.S. Department of Health and Human Services. *Physical Activity Guidelines for Americans*. Washington DC.  
5. Bonander, M. (2021). *Exercise, Health and Vitality: A Concise, Science-Based Guide for Adults and Older Adults*. HIS Publishing Group.



**Ty Belger**

Artist's EDGE  
HAIR DESIGN  
STUDIO

**\$20 OFF  
CHEMICAL SERVICE**

**\$10 OFF  
CUT AND STYLE**

NEW CLIENTS ONLY

**972.740.8132**

8000 Highway 380, Suite 700, Crossroads, TX



**Red Hot Fire Shop**

Fireplaces & Accessories

**Creating Lasting Impressions**

Indoor and Outdoor Fireplaces, Kitchens, Pizza Ovens



**1212 West Sherman Drive, Aubrey, TX**

**940.365.3675 aubreybrick.com**







**Like a Good Neighbor State Farm is there**



**Tim Holland**  
State Farm Insurance Agent

5315 Us Highway 377 S  
Aubrey, TX 76227  
Bus: 940-365-9449  
[timhollandinsurancegroup.com](http://timhollandinsurancegroup.com)



State Farm Mutual Automobile Insurance Company, State Farm Indemnity Company, Bloomington, IL  
1801262 State Farm County Mutual Insurance Company of Texas, Richardson, TX

**AmysFaces.com**

40 years Experience

Chemical Peel \* Reflexology

Micro-Needling \* Lashes \*



**FACIALS \$125**

**MICRONEEDLING \$175**

**LASH EXTENSIONS \$150**

**REFLEXOLOGY \$50**

**AMY TAYLOR | 972-832-6633**

Since 1979

By Appointment

Aubrey-Wednesday, Thursday, Sunday

Whitesboro-Monday, Tuesday, Friday



**INDEPENDENT  
FINANCIAL™**

**HASSLE FREE  
MORTGAGE  
FINANCING**

We offer fast approvals and an easy closing process with flexible terms and competitive rates.

- Mortgage options tailored to meet your specific needs
- Competitive pricing on Conventional, FHA, VA, USDA, ITIN and Jumbo loan products.
- Relationship-focused Mortgage Officers
- Real-time status updates
- Fast approvals and an easy closing process



**LESLIE THOMPSON**  
Senior Mortgage Loan Originator  
NMLS# 469210 | [lthompson@ibt.com](mailto:lthompson@ibt.com)  
Office - 940.565.7054  
Cell - 972.658.2189

APPLY ONLINE AT [IFINANCIAL.COM/LESLIETHOMPSON](http://IFINANCIAL.COM/LESLIETHOMPSON)

in   | [ifinancial.com](http://ifinancial.com)  
Independent Financial is a trademark of Independent Bank.  
 Equal Housing Lender | NMLS# 411428



# EDUCATION

## Denton County 4-H Members Excel at County Food Challenge



**DENTON COUNTY, TX-** On October 3, 2021 Denton County 4-H members competed in the county Food Challenge contest held at Lake Dallas Middle School. The Food Challenge consists of teams of 3-4 members who receive a list of ingredients and have 40 minutes to create a dish. The teams then present their dish to judges and are scored on preparation, serving size, food safety concerns, nutritional value and cost. The top two teams in each age division at the county contest advance to the District IV Food Challenge contest. It will be held on October 29th in Sulphur Springs, Texas.

The following youth competed at the Denton County Food Challenge:

Juniors: 1st – Crafty Cooks (Brayden Bland, Oliver Barnes, Esmerelda Lafuente) Ag Leadership 4-H Club.

Intermediate Group One: 1st Baking Buddies (Chloe Wilson, Corianna Cooksey, Grace McGraw, Riley McBride) Ag Leadership 4-H Club, 2nd Sizzle Squad (Jennyfer Bartmus, Presley Sloan, Mia Rudolf, Brooke Garcia) Falcon Foodies 4-H Club, 3rd Hungry Hungry Hippos (Emalee Joplin, Laura White, Sophia McMahon, Aubree Manis) Falcon Foodies 4-H Club.

Intermediate Group 2: 1st Flavor Doctors (Rachel Talley, Camryn Green, Clayton and Hayla Howland) Ag Leadership 4-H Club, 2nd Simmer Down (Jesse Conn, Cash Hunsucker, Landen Wilson) Falcon Foodies 4-H Club, 3rd The Hunger Strike Team (Ethan Tamez,



Hayden Lox, Malik Sloan) Falcon Foodies 4-H Club.

Seniors: 1st Whisking Wizards (Erik Dieterich, Katy Throneberry, Hannah Davis, Charlotte Murray) Argyle 4-H Club, 2nd Kings of the Kitchen (William Carruth, Cade Scott, Daniel Paradise) Heart of Denton 4-H Club.

4-H Clover Kids are youth in kindergarten through second grade, who are not old enough for 4-H yet. While they cannot compete in 4-H events, they still practice in a mock Food Challenge! We had one team of Clovers, the Clover Cookers from the Ag Leadership 4-H Club were Janiyah Wilburn, Prestynn Real, Alana Williams, and August Barnes.

Food Challenge is just one way youth can learn from the 4-H Food and Nutrition project. More than 100,000 youth in Texas participate in this project annually. To learn more about Denton County 4-H visit [denton.agrilife.org](http://denton.agrilife.org) or Denton County 4-H & Youth Development on Facebook. You can also contact the Denton County AgriLife Extension office at 940-349-2884.

*Texas A&M AgriLife Extension provides equal opportunities in its programs and employment to all persons, regardless of race, color, sex, religion, national origin, disability, age, genetic information, veteran status, sexual orientation, or gender identity. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating*

## Commended Student in the National Merit Scholarship Program

Amy Ruggini



**AUBREY ISD, TX—** Aubrey High School senior Heather Hough was named a Commended Student in the 2022 National Merit Scholarship Program, as announced by AHS Principal Matt Gore.

“Heather is an outstanding student and has consistently been a positive role model for our campus,” Mr. Gore said. “This achievement is a testament to her hard work and dedication, and we couldn’t be more proud of her.”

Heather is one of 34,000 students throughout the country that were recognized for their academic performance. Students entered the scholarship program by taking the 2020 Preliminary SAT/ National Merit Scholarship

Qualifying Test as juniors.

Heather took the PSAT in the fall of 2020 at Aubrey High School as a junior.

She is involved in numerous extracurricular activities at AHS, including Beta Club, National Honor Society and FFA. She is currently serving as FFA president and the treasurer of Area V. As treasurer, she has been traveling this year to other district meetings in the area.

She is currently running cross country and will compete in powerlifting and track to round out her senior career. As a junior, she was a regional and state qualifier in powerlifting and advanced to the region track meet as a pole vaulter. She has also participated in volleyball and softball her first two years at AHS.

Heather is planning on attending Tarleton State next fall and is thinking about becoming an agricultural science teacher.

## CoServe Energizing Teacher of the Month Recognized

Amy Ruggini



**AUBREY, TX-** Monaco teacher Kelly Leitner was recognized as the CoServ Energizing Educator of the Month before an Aubrey High School

football game in October. Co-Serv representative Alphonso Williams presented her with a \$500 check that she can use to help with her classroom needs.

*‘District Partners Join...’ continued from front page*

and cultivate,” said Jennifer Haworth, Globe Life Executive Vice-President, and Chief Marketing Officer.

The mini-pitch project, valued at more than \$40,000 and underwritten by the local partners, converted an existing tennis court to a futsal court using a recyclable, synthetic product. The self-draining surface is low maintenance, eco-friendly, and allows for a safe place to play indoor soccer outside when fields are too wet or too dry.

FC Dallas is no stranger to the mini-pitch concept. This latest one at Navo Middle School is the second pitch dedicated by FC Dallas in Denton ISD, joining the one created at Strickland Middle School in 2017 and their ninth venture overall.

“Our company has a proven track record of engagement and supporting our local communities, and this is just one example of that,” said Mario Zavala, CoServ Manager of Communications and Brand Engagement. “This is the second mini-pitch project for CoServ to be involved with here in Denton ISD and fourth overall in Denton County. It’s important to find different ways to give

back, so to partner with FC Dallas on this mini-pitch project in particular means a lot.”

Students from Navo Middle School’s GOAL Program were in attendance during the ceremony. GOAL, Guys & Girls Operating As Leaders, is an after-school soccer program staffed by district teachers who volunteer their time after school.

The program nurtures leadership qualities among second language learners and at-risk students through mental, emotional, and physical wellness in a high-trust environment. Currently, 400 Denton ISD students participate in the GOAL program, including 35 at Navo Middle School, on five Denton ISD middle schools and nine Denton ISD elementary campuses.

“We’re extremely excited to have FC Dallas invest in our students and community in the form of this mini-pitch,” said Dr. Jamie Wilson, superintendent of schools. “The support they’ve provided us over the years has helped many of our students in GOAL find another extracurricular outlet to connect with their school and refocus on their studies.”

*‘Friends of Hagerman...’ continued from front page*

a confirmation email with a link to the ZOOM meeting. Download the APP called “ZOOM Cloud Meetings”. Use the link in the emailed confirmation message to open the meeting. Please contact the Friends of Hagerman ([friendsofhagerman@gmail.com](mailto:friendsofhagerman@gmail.com)) for more information.

Calling All Gardeners: Volunteers Needed to Help With Butterfly Garden

Love to work in the garden? Come and work with Blue-

stem Master Naturalists as we add plants, weed and mulch our beautiful butterfly garden. Join our team that is on call for Wednesday morning gardening. Provide own tools and gloves. Minimum age 18, or 16 if accompanied by a parent/volunteer. Garden volunteers get first dibs on thinned plants as well as access to seeds and cuttings for propagation. Please contact the Friends of Hagerman ([friendsofhagerman@gmail.com](mailto:friendsofhagerman@gmail.com)) for more information.



# TARTAN HOMES & REMODELING

Home Remodel Specialists



*Our Passion...  
...to Create the Unique Living Space  
Our Client Dreams of*

Building relationships and trust  
26 years experience  
Custom home building and remodeling  
Reliable  
Quality workmanship

Custom Smart Home Services | 214.674.4255 | [tartanhomestx.com](http://tartanhomestx.com)



# YOUR BANKING CHOICE

for the 377/380 area



Melissa Geiger  
Vice president

Member FDIC 958 Hwy 377 South, Aubrey

940-440-9100 • [www.cierabank.com](http://www.cierabank.com)





The holidays are just around the corner and we have your one-of-a-kind unique gift ideas with our Photo to Canvas services.



THE PEANUT GALLERY  
CUSTOM PICTURE FRAMING & SUCH  
558 SPRINGHILL RD. AUBREY, TX  
940.365.9778



# TALON Martial Arts



## FREE Trial Class

### Kids (4 & up)

### Teens & Families

### After School Program

940-343-5303 ~ [www.Talon377.com](http://www.Talon377.com)

Building Leaders One Kick at a Time! TALON Martial Arts on 377 in Aubrey





# SPIRITUAL

## Area Church Directory

### Assembly of God Hilltop Church

Aubrey First Assembly of God  
819 W. Sherman Dr. in Aubrey  
**Trilogy Community Church**  
Cross Oaks Elementary School,  
600 Liberty Blvd., Cross Roads, TX 76227  
469.708.7654  
www.trilogychurch.org  
**Cowboy Country Chapel**  
603 Morrison  
Pilot Point, TX. 76258  
**Baha'i Faith**  
**Baha'i Faith In Aubrey**  
800-22-UNITE or 972-632-6904  
www.bahai.org and www.bahai.us

### Baptist

**Antioch Baptist Church**  
Hwy 428 & Hwy 2931  
Aubrey, Texas 76227  
**Bethel Baptist Church**  
210 E. Main Street  
Pilot Point, Texas 76258  
903-429-3661

### Calvary Baptist Church

Corner of 125 N. Jefferson & Walcott St., Pilot Point  
www.calvarypilotpoint.com  
**Cowboy Church of Cooper Creek**  
3000 Rock Hill Rd.  
Aubrey, TX 76227  
972-841-3331  
http://www.cowboychurchofcoopercreek.org/

### Cross Fellowship Church

Meets at Savannah Elementary  
1101 Cotton Exchange Dr  
Aubrey, TX 76227  
www.crossfellowship380.com  
**CrossRidge Church**  
1701 Walker Lane  
(Across From Little Elm High School)  
www.crossridgeonline.org  
972-292-1953

### First Rock Fellowship

201 N. Cherry Street, Aubrey  
www.firstrockfellowship.org

### First Baptist of Krugerville

Hwy. 377 South, Krugerville  
www.fbkkrugerville.com  
**Green Valley Baptist Church**  
9901 FM 428 in Aubrey  
**Living Word Baptist Church**  
2315 FM 720 West  
Little Elm, TX 75068  
(469) 362-9010  
www.livingwordbaptist.net  
**Midway Baptist Church**  
Hwy. 377 North of Aubrey  
940-365-9312  
www.midwaychurch.org

### Mustang Baptist Church

Corner of I-385 & Mustang Rd. in Aubrey  
**New Hope Baptist Church**  
Highway 377, South, Aubrey  
www.newhopeaubrey.com

### Prestonwood Baptist Church

1001 West Prosper Trail, Prosper, TX  
972-798-6700  
**Providence Village Church**  
Providence Elementary  
1000 FM 2931  
Aubrey TX 76227  
www.providencevillagechurch.com

### Rhea's Mill Baptist Church

5733 North Custer Rd., McKinney  
972-562-2947  
www.rheasmill.org

### Catholic

#### St. Martin de Porres Catholic Church

4000 West University Dr.  
Prosper, TX 75078  
469-287-7624  
www.saintmartindp.org

#### St. Thomas Aquinas Catholic Church

925 N. Charcut St., Pilot Point, TX 76258  
940-686-0088  
www.stthomaspilotpoint.org

#### St. Sophia Ukrainian Catholic Church

5600 North Colony Boulevard  
The Colony, Texas 75056  
(972) 370-4700  
www.stsophiaukrainian.cc

### Christian

#### First Christian Church in Aubrey

410 N. Main St.  
ntaccsw.org/pages/minisite\_fc Aubrey\_home

#### Christian Church (Disciples of Christ)

**First Christian Church**  
410 N. Main St. in Aubrey

**First Christian Church of Denton**  
1203 Fulton Street  
Denton, Texas 76210  
www.fcddenton.org

**Grace Christian Church**  
Baker Elementary School  
Prosper ISD (Heatherwood Subdivision)  
www.graceprosper.org

#### Church of Christ

**Aubrey Church of Christ**  
910 S. Hwy. 377

**Lake Dallas Church of Christ**  
504 Carlisle Dr.  
Lake Dallas, TX 75065  
940-497-5510

**Rock Hill Church of Christ**  
9426 Rock Hill Road  
Frisco, Texas  
972-347-1919

**Episcopal**  
**St. Paul's Episcopal Church**  
420 South Coit Road  
Prosper, TX 75078  
972-347-9700  
www.stpaulsprosper.org

**Lutheran**  
**Rejoice Lutheran Church (ELCA)**  
12000 Independence Pkwy, Frisco, Texas 75035  
972-569-8185  
www.RejoiceLutheran.com

**Methodist**  
**Aubrey First United Methodist**  
113 West Plum, Aubrey  
www.aubreyumc.com

**Bethel Methodist Church of Denton County**  
3126 FM 2931, Aubrey Texas  
409-543-8444  
www.betheldenton.com

### Button Memorial United Methodist Church

101 W. Eldorado Pkwy., Little Elm, TX. 75068  
www.bummc.org, 972-292-1465

#### Cross Way United Methodist

14632 Fishtrap Road, Aubrey, Texas 76227  
www.crosswayumc.org

#### First United Methodist Church

217 S. Church St.  
Pilot Point, TX 76258  
(940) 686-2338

#### Harvest Bible Fellowship, CMC

3121 FM 2931  
church.netministries.org/ch30630

#### New Leaf Church at Children's Lighthouse

3100 Woodlake Pkwy., Little Elm, Texas  
972-325-8939, www.newleafnow.org

#### Oak Grove United Methodist

4725 FM 720 W.  
(940) 365-3027  
www.oakgroveunitedmethodist.org

#### Prosper United Methodist Church

205 S. Church St., Prosper  
www.prosperumc.org, 972-347-2372

#### Mormon

**Church of Jesus Christ of Latter Day Saints**  
8801 Martop Road, Aubrey Texas 76227  
www.ComeUntoChrist.org

#### Non-Denominational

**The Alabaster Box Ministries**  
1728 Flamingo Dr., Little Elm, TX 75068  
www.thealabasterboxministries.com  
817-262-9640

#### Bold Cross Cowboy Church

Sunday "Church in the Dirt"  
3612 FM 1385, Aubrey, TX 76227

#### The Bridge Church

4582 Fishtrap Road, Denton, TX, 76208.  
findthebridge.com,(940)735-2080

#### Grace Point Nazarene Church

611 East Liberty  
Pilot Point, Texas  
760-518-6132

#### Circle of Love Fellowship Church

16611 FM 428 W., Celina, TX 75009  
972-816-6445

Sponsored by PointBank-Free Listing includes: Church Name, Address, Phone Number and Website. To include your church, please contact 380News at email us at admin@380News.com.

### City of Transformation Church

Lakeside Manor Theater  
902 W. Eldorado Pkwy, Little Elm, TX 75068  
469-247-1863  
www.cityoftransformation.org

#### Covenant Church

**Cross Roads Campus**  
8690 Liberty Road  
Cross Roads, TX 76227  
940-365-1395  
www.covenantcrossroads.org

#### Covenant Word Ministries Church

1501 Bluebird Dr.  
(Paloma Creek South Clubhouse)  
Little Elm, TX 75068  
www.covenantwordministrieschurch.org

#### Frisco Bible Church

8000 Sanctuary Dr., Frisco, TX 75033  
972-335-8150  
https://www.friscobible.com/

#### Faith Assembly Church

700 N. Harmon Road, Aubrey, TX 76227  
(940) 365-9360  
aubreyfaithassembly.weebly.com

#### Gateway Church

7125 Legacy Drive  
Frisco, 75034  
Frs.GatewayPeople.com  
469.238.1000

#### Grace Village Community Church

5325-B Highway 377  
Krugerville, TX 76227  
gracevillagechurch.org

#### Lighthouse Christian Fellowship

4331 E. Prosper Tr.  
Prosper, TX 75078  
972-562-2500  
www.lighthousentx.com

#### New Leaf Church

meets at Children's Lighthouse  
3100 Woodlake Pkwy., Little Elm  
www.newleafnow.org  
972-325-8939

#### North Texas Trinity Cowboy Church

9907 W. Walcott Rd., Pilot Point, TX 76258  
214-794-9610  
www.northtexascowboy.org

#### The Summit Church

910 S Hwy 377, Aubrey, TX 76227  
www.oursummitchurch.com  
940-453-4152

### Relate Church

1400 FM 424  
Cross Roads, TX. 76227  
www.irelatechurch.com

#### Restoration Cowboy Church

910 South Hwy 377  
Aubrey, Texas 76227  
Restorationcowboychurch.org  
940-343-5377

#### Ridin' for the Brand Cowboy Church

5926 FM 455  
Sanger, Texas 76266  
www.ridinforthelbrand.org

#### Rock Creek Church

rockcreekchchurch  
469-815-5353  
2860 Fishtrap Rd, Prosper, TX 75078  
Worship Times 9:00, 10:30 and 12:00 PM

#### Savannah Life Fellowship

1440 FM 2931 Suites B, D & E  
Aubrey, TX 76227  
940-453-3953  
www.savannahlifechurch.com

#### Unity Spiritual Center of Denton

Krugerville, TX 76227  
214-453-0218  
www.unitydenton.com

#### Tabernacle Church

601 South Church Street  
Prosper Texas 75087  
Phone: 940-300-5310  
www.tabernacle-church.com

#### Orthodox Churches

**St. Maximus Orthodox Church**  
2028 W. Oak Street Denton, TX 76201

#### Pentecostal

**Cornerstone Church of Aubrey**  
7850 FM 2931, Aubrey, TX 76227  
940-365-2238  
www.ccaubrey.com

#### Seventh-day Adventist

**Pilot Point Seventh-day Adventist**  
990 W. Walcott Rd., Pilot Point, TX 76258  
214-794-9610

#### Denton First Seventh Day Adventist Church

11010 Hwy 377, Pilot Point Tx 76258  
Tel: 940 484 4889  
dentonfirst22.adventistchurchconnect.org



## JESUS LOVES YOU WE DO TOO



'Four Denton ISD...' continued from front page



5A Denton HS Band - Brian Wilson, director; Jesse Woolery, associate director; Phillip Elder, percussion director; Devin Guillote, color guard director



5A Ryan HS Band - Mary Brown, director; Jarrod Beard, associate director; Frank Chaple, percussion director; Devin Guillote, color guard director; Keli Jones, dance director



6A Guyer HS Band - Nathan Taylor, director; Mikaela Pyle, associate director; Alyson Downs, color guard director; Michael Rogers, percussion instructor

a.m. The top ten scoring bands in prelims will advance to finals beginning at 7 p.m. The top four scoring bands at the end of Area finals will advance to the UIL 5A State Marching Band

Contest on Nov. 1-2 at the San Antonio Alamodome. Braswell High and Guyer High bands will perform in the UIL 6A Area C Marching Band Contest on Saturday, Oct. 30 at Mesquite

ISD's Memorial Stadium. That contest will have 29 bands in the preliminary competition. The performance schedule has not been determined at the time of this story being

published. This contest will determine which 6A bands will advance from Area C to the UIL 6A State Marching Band Contest on Nov. 8-9 at the San Antonio Alamodome.

Denton ISD is extremely proud of the students and directors in all four of its high school marching bands. We congratulate them for their UIL 1st Division ratings and wish them the best in the Area level competition.

UIL Region 2 Marching Band Contest - 1st Division "Superior" Ratings

## MUSTANG WATER

## OVER 50 YEARS OF SERVICE

**940-440-9561**

**7985 FM 2931 Aubrey, TX**  
Monday - Friday  
8:00 A.M. - 5:00 P.M.

## MUSTANGWATER.COM

## Southern Floors

### OF TEXAS

## WOOD • TILE • CARPET

## VINYL • LAMINATE

# 940-230-0013

## 5285 S. HWY 377 AUBREY, TX



🐾 We are thankful 🐾  
for all our  
wonderful clients  
who trust us with  
their furry family  
member's care! 🐾



**940-365-7387 • aubreyamc.com**





Your yearly mammogram  
can't wait.


**Taking care of your breast health is essential.**

If you're a woman over 40, your annual screening mammogram is your best defense against breast cancer. And Texas Health Prosper is here to help keep your care routine simple. We offer convenient screening appointments, including 3D mammograms, that typically take less than 30 minutes. And, as always, we have protocols in place designed around your safety.

Texas Health is right there with you.

**Schedule your mammogram today.**

**469-405-3706**  
**[TexasHealth.org/ProsperMammo](https://www.texashealth.org/prospermammo)**



**Texas Health**  
Neighborhood Care & Wellness  
PROSPER

Part of Texas Health Presbyterian Hospital Plano