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Letter From the Publisher

Aubrey ISD Band Programs Recognized

Amy Ruggini



AUBREY ISD, TX- A combined 45 band students from the Aubrey High School and Aubrey Middle School band programs were named to the Association of Texas Small School Bands All-Region Band. Twenty-one AHS band members and 24 AMS band students were named all-region. Nine AHS students ad-

Continued on A2

Meet Dr. Mustafa at 1385 Dental Studio



AUBREY, TX- Dr. Mustafa, and her husband, Damien, are giving the 380 Corridor something to smile about. Their beautiful new dental office, 1385 Dental Studio, has been open since December 2020 and is always accepting new patients.

At 1385 Dental Studio, you will walk into a serene environment, setting the mood for your relaxing and enjoyable,

yes, enjoyable dental experience. The Dental Studio offers comprehensive care to ensure that you and your family have a healthy and beautiful smile. Of course, at the top of the menu is preventative care which prepares you for all of your smile enhancements such as veneers, whitening, and clear aligner therapy (clear trays).

The dental studio features state-of-the-art technology including CBCT and intraoral cameras. To keep patients informed at 1385 Dental Studio, they can learn about the treatment by observing their radiographs and pictures during the exam.

Dr. Mustafa's interest in dentistry grew after shadowing a few local dentists while she was in high school. Her inter-

est flourished as she attended UTA, majoring in Biology. She continued her education by attending Texas A&M College of Dentistry, where she earned her Doctorate.

Dr. Mustafa worked in several corporate offices prior to making the jump into starting her own practice. She noticed gaps and lack of continuity of care in offices, particularly in corporate offices. Many issues arise when the information and communication of the patient's care are not appropriately disseminated in an office and different providers are involved at each visit. Dr. Mustafa was on her journey to provide the best personalized care for her patients and knew she could best serve her patients and give

Continued on A3

Holiday Healthy Eating Tips

Better Living for Texans agent, Dusty Fife



Oatmeal Pancakes, Breakfast Burritos, or try making a Veggie Egg Bake to help start off your day.

2. Make fruits and vegetables part of your holiday plate. Try not to cover your vegetables in glazes and heavy sauces. Instead, cook the vegetables in ways that bring out their natural flavors. For example, you can swap out cream of mushroom soup and instead toss green beans in olive oil, garlic, and sea salt, and roast them in the oven. You can also sneak fruits and veggies into your holiday cookies and desserts.

3. Lighten up your recipe. Ingredient substitutions can really reduce caloric intake

Continued on A2

DENTON COUNTY, TX-This time of year we can be found spending time with our families, attending Christmas parties, and recreating family traditions filled with delicious, festive foods. With Christmas just a few weeks away, everyone knows how challenging it can be to continue to make healthy choices during the holidays. Studies show that most adults typically gain some

weight during this time. By eating that piece of pecan pie, or indulging in a few glasses of eggnog, you can pack on those unwanted pounds quickly. Don't fret though, with these healthy tips it will be easy to make healthy choices while still celebrating with your loved ones.

1. Start the day right with a healthy breakfast. Some great examples would be Banana

Meet Dusty Fife

The New Better Living for Texans Agent



DENTON COUNTY, TX- Hello my name is Dusty Fife. I was recently brought on as the Better Living for Texans Extension Agent with the Texas A&M AgriLife Extension Service to serve Denton County residents. With a name like Dusty you know I had to be born in Texas. In fact, I have spent the majority of my life right here in Denton County. In 2016, I graduated from Tex-

as Woman's University with a degree in Health Studies. My degree aligned perfectly with my hopes of making positive impacts in the health of others within my community and I look forward to opportunities that this position will provide.

My family and I spend most of our time on the soccer fields and watching our youngest do his thing with his high school band. In the little spare time that I get, I do enjoy riding my bike and going on hikes with my husband and two boys. As of now, I am busy with new hire trainings and onboarding tasks. I just returned from a week-long training that provided a deeper understanding

Continued on A2

North Texas Sheriffs' Criminal Interdiction Unit



COLLIN COUNTY, TX- A deputy with the North Texas Sheriff's Criminal Interdiction Unit conducted a traffic stop on US 75 in Collin County and located twenty-one kilograms of methamphetamine inside the vehicle. A Mexican national, identified as Ernesto Chavez of Grand Prairie, Texas was arrested and charged with



Manufacture or Delivery of a Controlled Substance, penalty group one, a first degree felony.

Chavez is currently being held in the Collin County Detention Facility in lieu of a \$750,000.00 bond. The North Texas Sheriff's Criminal Interdiction Unit

Vice Chancellor Testifies About Agriculture and Public Health



DENTON, TX – Last month Patrick J Stover, Ph.D, Vice Chancellor of Texas A&M AgriLife, testified Nov 2 on a hearing held by the US Senate Committee on Agriculture, Nutrition and Forestry, and Subcommittee on Food and Nutrition ,

Specialty Crops, Organics and Research regarding the State of Nutrition in America.

The Focus from Stover was connecting public health and agriculture. "We need to build upon the Borlaug legacy in a

Continued on A4



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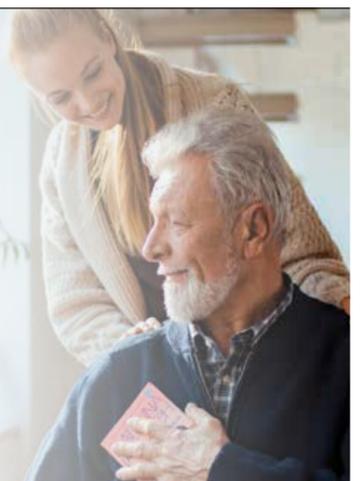
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The publication deadline for advertising, editorial submissions, guest editorials, and letters to the editor is the 15th day of the preceding month for each issue. Letters to the editor must be 300 words or less and include a name, address, and phone number (only name and city will be published). Content may be submitted via email to info@380news.com.

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Trinity Falls Tour of Trees Sure to Wow *Hauvani Shipper*



MCKINNEY, TX- Holiday creativity will be on overdrive in Trinity Falls, 7801 Trinity Falls Parkway, during the Tour of Trees event now through Dec. 19. Ten model homes will

feature stunning, themed trees created by professional holiday specialist and custom tree designer Antoinette Boston with A.B.'s Holiday Décor, who is working in collaboration with Premier Christmas. Information about Trinity Falls' newest phase, Heritage Crest, also will be available.

The professionally decorated model homes will be open daily starting at 10 a.m. Monday through Saturday and noon on Sundays. The Tour of Trees is free to attend and open to the public.

Participating model homes and more information about Trinity Falls can be found at www.trinityfalls.com.

'Holiday Healthy Eating...' continued from front page

without missing out on flavor. Here are some helpful tips for healthy substitutions.

- Replace 1 egg with 2 egg whites to cut cholesterol.
- Instead of oil, margarine, or butter in baked items, substitute applesauce to reduce fat.
- Always use fat-free versions of creamy ingredients such as yogurt, sour cream, or whipped topping.
- Use reduced-fat cheeses in casseroles and salads.

4. Don't forget to add exercise. Schedule time for exercise that you enjoy. Get outdoors for some fresh air by going on a walk with the whole family.

5. Remember to hydrate and limit alcohol. Don't forget to drink plenty of water during the holidays. It is okay to drink in moderation, but choose your beverage wisely. Remember that a glass of eggnog can set you back 500 calories. However wine, beer, and mixed drinks can range from 150 to 225 calories. If you drink alcohol, try to have a

glass of water or juice-flavored seltzer in between your drinks.

If you are looking for more healthy suggestions on how to stick to your healthy habits through the holidays, visit Nutrition.gov. Also, don't forget to check out our Facebook page at Denton County Healthy Happenings to find healthy affordable recipes, nutrition articles, videos, physical activity tips and more each week. If you have any questions about Better Living for Texans programming, please contact me at 940-349-2891 or dusty.fife@dentoncounty.gov.

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'Meet Dusty Fife...' continued from front page

of what all AgriLife Extension does for residents of Texas in the past, present, and what it hopes to do in the future. It was an invaluable opportunity that I will forever cherish and hold dear to my heart. I feel so honored to hold a position that can do so much good for my fellow neighbors. I am especially looking forward to meeting members within the community and helping to increase their nutritional knowledge and physical fitness levels.

A deeper look into the Better Living for Texans programming will show a variety of research-based lessons that help offset busy families by offering quick, healthy, and economical meal ideas. More specifically, our programs educate low income residents on ways to increase fruit and

vegetable intake and access, physical activities, food safety, and food resource management. For instance, we teach the importance of nutrition and staying physically active through cooking demos and hands-on activities. Our aim is to help to build confidence in the kitchen and adopt better eating and lifestyle habits. Please reach out to me with any questions and program specifics.

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Aubrey ISD Participates in Socktober

Amy Ruggini



AUBREY ISD, TX- Participating in Socktober has become an annual event for Monaco, Brockett and Fuller families at Aubrey ISD. Socks and toiletries were donated by the Aubrey ISD community during the month of October. Monaco made their donation to the Salvation Army, and Fuller is donating to HOPE Food and Clothing Ministry. Brockett has made donations to Foster's Home for Children and Country-side Nursing & Rehabilitation.

'North Texas Sheriffs'...' continued from front page

is a multi-agency initiative that combats the flow of illicit narcotics and human trafficking into the North Texas region. The Sheriffs of Collin, Grayson, Hunt,

Parker, Rockwall, Smith, Tarrant and Wise counties have worked collaboratively to seize tons of narcotics on the open highways of North Texas since 2017.

The point of contact for this press release is Collin County Sheriff's Office Public Information Officer, Captain Nick Bristow, who can be reached at 972-547-5125.

'Aubrey ISD Band...' continued from front page

vanced to the ATSSA area audition and will audition on January 8th for an opportunity to earn a spot in the all-state band. Band members who were certified for area are Kae-

gan Reynolds, Angelo Calderon Alvarez, Josue Lopez, Novalie Richardson, Megan Wright, Isaac Cervantes, Cayden Watkins, Aaron Cajilema and Xander Rouk.

AMS band students auditioned on November 16th with over 300 other students. Both AMS and AHS band honorees will be performing in the region concert on January 14th at Argyle High School.

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HEALTHY LIFESTYLES

Dr. Hala Mustafa Has the Answers for Your Dental Makeover



AUBREY, TX- Exactly what is cosmetic dentistry?

Cosmetic dentistry is the essence of dentistry as the overall goal is to enhance the beauty and aesthetics of the smile while addressing function. Cosmetic dentistry includes veneers and crowns, teeth whitening, implants, bridges, and clear aligner therapy.

Who would benefit from cosmetic dentistry?

Anyone who isn't confident about their smile can benefit from cosmetic dentistry. If you are unhappy with the color, position, shape, and size of teeth, then cosmetic dentistry is for you. Cosmetic dentistry is also a great solution for patients who need restorative care due to decay and missing teeth.

What is the difference between veneers and crowns, and which one would be best for me?

Veneers are a great option for anyone who's not feeling confident about the color and shape of their teeth. A veneer is a thin layer of porcelain that's bonded to the tooth to cover imperfections such as small teeth, chipped teeth, stained teeth, or small gaps. It looks very natural and can completely transform the aesthetics of your smile. Veneers are very durable, long-lasting, and stain resistant, making them a great investment.

Whereas veneers are purely cosmetic, crowns are used for restoring severely decayed or damaged teeth. So not only can a crown change a person's smile when the damaged tooth is visible, but it also restores functionality.

What if I'm missing a tooth?

Replacing a tooth has aesthetic benefits as well as practical ones—it can keep the rest of your teeth aligned, preserve your facial shape, and improve function. One option is a dental bridge, which is a porcelain replacement tooth held

in place by the teeth around the missing tooth. However, the more ideal option when possible is an implant, because it's biocompatible with your body and acts like a tooth root in the jawbone, protecting against bone loss. An implant is a medical-grade titanium rod that's placed in the jaw where the tooth is missing, usually when the tooth has been extracted due to advanced tooth decay, onto which a crown can be placed. Implants are a great way to restore both form and function to your smile.

Can you tell me more about teeth whitening?

There are several options when it comes to teeth whitening. At 1385 Dental Studio, we offer in-office whitening and take home whitening kits for your convenience. After an examination to ensure you're a candidate, we get started. With in-office whitening, you can usually go five shades lighter in a one hour-long appointment. We'll do about four to five sessions during the hour-long appointment. What's most reward-

ing is seeing patients smile about their new bright smile!

If I whiten my teeth how long will it last?

Teeth whitening can last up to six months (or even longer, depending on your lifestyle). My patients really love it and the confidence it gives them.

Am I too old to fix my crooked teeth?

Absolutely not! You're never too old to improve your smile (or your oral health). Clear aligners, which are clear orthodontic appliances shaped to the patient's teeth, are perfect for treating patients whose teeth aren't in alignment. But straightening your teeth isn't just about the aesthetics. When teeth aren't in alignment, it can cause Dental Trauma that present as chipped, fractured or abnormal wear on the teeth. By utilizing clear aligners, you'll have a great smile and be more confident, but you'll also ensure you don't need restorative treatment in the future.

Call the team at 1385 Dental Studio at (817) 696-9080 and begin your smile transformation today!

Denton County COVID-19 Vaccine Registration for Children 5-11 Years Old

DENTON COUNTY, TX- The U.S. Food and Drug Administration (FDA) and Centers for Disease Control and Prevention (CDC) authorized and recommended Pfizer's COVID-19 vaccination for children 5 through 11 years old. The Denton County Public Health (DCPH) Vaccine Interest Portal Waitlist now allows parents and guardians to register children for COVID-19 vaccination at a DCPH vaccine clinic as early as next week.

"If you are interested in having your children vaccinated, we are now providing the opportunity to set your own schedule for their vaccinations," said Denton County Judge Andy Eads. "Our focus is in making sure those who want to vaccinate their children have the ability to do so at their convenience."

Once registered on the Vaccine Interest Portal Waitlist, parents and guardians will receive an email or text message to self-schedule an appointment for their child on a date and time that is convenient to them. DCPH will have multiple pediatric-only first dose clinics beginning the week of November 7-13 in Denton. Children must be accompanied by a parent

or guardian and must bring identification with name and date of birth, such as birth certificates, medical records, or vaccine records, to receive a COVID-19 vaccine at a DCPH vaccine clinic.

"Prioritizing children who have now patiently waited 20 months for protection from COVID-19 is now our greatest priority," stated Dr. Matt Richardson, DCPH Director. "We know children can get and spread COVID-19, and vaccination remains the best way to protect them. With over 70,000 children in Denton County now eligible, we are eager to provide our clinics alongside the many pediatricians and pharmacies offering vaccines to children."

For COVID-19 vaccine information or to join DCPH's Vaccine Interest Portal Waitlist, visit dentoncounty.gov/vaccine. COVID-19 vaccine information for children and teens can be found at cdc.gov/coronavirus/2019-ncov/vaccines/recommendations/children-teens.html. For questions or concerns, DCPH's COVID-19 call center can be reached in English and Spanish at 940-349-2585, Monday – Friday 8 AM – 5 PM.

'Meet Dr. Mustafa...' continued from front page

them a more personalized experiences by starting her own practice.

With the assistance and support of her husband Damien the dream of 1385 Dental Studio became a reality. Damien is the office manager and administrator. The two of them working as a team, provides an upbeat energy resulting in an engaging and positive experience for the patients. At 1385 Dental Studio you will find general dentistry for all ages.

The compassionate care and

relaxing environment makes it easy for patients with dental anxiety. The studio offers calming music, a snack and beverage station to enjoy before or after your treatment, and movies are available for viewing. The treatment rooms are relaxingly designed with large picture windows to let in natural light. Most importantly, at 1385 Dental Studio, you are treated like an extended part of their family.

"Many adults have a phobia regarding visiting the dentist, and sadly, this fear keeps many

from seeking the preventative care they need," said Dr. Mustafa. Frequently people wait until pain is present before contacting the dentist, often changing a preventative visit to an emergency. "Preventative care is the best care," said Dr. Mustafa, "I want patients to understand that visiting the dentist can actually be a pleasant experience." At 1385 Dental Studio they offer a variety of solutions to make treatments relaxing including laughing gas or minimal sedation. "It's very

important to schedule your six-month check-ups and make preventative exams a priority," said Dr. Mustafa, "Preventative dentistry is imperative to more than just teeth. It's crucial for the diagnosis of head and neck pathology that can affect the entire body and one's overall health."

Come join the 1385 Dental Studio family. They are located at 27379 East University in Aubrey, TX and looking forward to seeing your smile! For more information please visit www.1385DentalStudio.com.



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EDUCATION

Winning with the Aubrey FFA!

Amy Ruggini



AUBREY ISD, TX- Activity at the Aubrey ISD Agricultural Center has increased over the last few weeks as the Aubrey FFA program has started its season with showings at the North Texas State Fair and the State Fair of Texas.

The Aubrey FFA program looks a little different this year in size. Aubrey High School agricultural teachers Tracy Yarbrough, Jennifer Gilbreath and Caitlin McGuire joined the FFA affiliation membership program, which enrolls all students that take an Ag class (8th grade – 12th grade) into FFA. The Aubrey FFA enrollment numbers tripled, and Mrs. Gilbreath said she has seen the most increase in activities, like public speaking and training for contest teams.

The center of the Aubrey FFA program has been showing animals, and Aubrey had a large group of students showing at the two fairs this fall. One of the top winners was AHS senior and current Aubrey FFA president Heather Hough.

Heather and her lamb, Dolly, won the breeding sheep show at the North Texas State Fair. They were named Grand Champion and then Supreme Grand Champion.

At the State Fair of Texas show, Heather and Dolly again won the entire breeding sheep category, beating several hundred breeding champion competitors. For the second straight show, she won Grand Champion and Supreme Grand Champion in the ewe division.

"I was really surprised," Heather said. "I was excited to win Grand Champion but going into Supreme when you are showing against all the breeds, Dorper's don't typically win Supreme. So, winning it was a big surprise."

Dolly is one of 13 sheep and seven show sheep that the Hough family owns.

Over the last few years, Heather has made connections in the sheep market and she went and talked to a breeder who had a sale for ewes. Heather bought Dolly in an auction this past May.

"This is my 9th year showing, and I have learned the parts of the sheep and what's good and what's not good," Heather said. "I really had this picture in my mind of what I wanted the sheep to be. So, when we went and picked one out, I was looking for one that was really wide and really deep and had that feminine look to her. And, Dolly had all the pieces that I was looking for."

Dolly is currently at a breeder and is going to have lambs in the spring. Heather's next shows with Dolly will be Fort Worth in January and then San Antonio, San Angelo and Houston.

Heather's state fair was amazing," Gilbreath said. "This is a good showing of what hopefully the rest of the year will be."

"I've been over the moon," Heather said "I really wanted a good senior project, but Dolly has gone above and beyond what I expected."

Looking for 4-H Volunteers

If you have a particular interest, we can build a project around it!

Steven Baringer



DENTON COUNTY, TX-Texas 4-H is like a club for kids and teens ages 5-18, and it's big! It's the largest youth development program in Texas with more than 550,000 youth each year. 4-H empowers young people with the skills to lead for a lifetime. It's a research-based experience that includes a mentor, a hands-on project, and a meaningful leadership opportunity. Based on their interests and guided by adult mentors, youth develop their own pathway in 4-H. They select from a broad menu of local 4-H programs. No matter where you live or what you like to do, Texas 4-H has something that lets you be a better you! You may think 4-H is only for your friends with animals, but it's so much more! You can do activities like shooting sports, food science, healthy living, robotics, fashion, and photography.

4-H students are leaders. They pursue passions. They solve problems and tackle everyday challenges. And YOU are the key to their success! We need adult volunteers to mentor 4-H youth, lead local clubs, and run events. No experience necessary – we'll train you! But you must be at least 18 years old – or 21 years old to chaperone overnight trips – and pass a criminal background check. You decide the level of involvement that fits your skills and schedule, such as:

- Lead community clubs,

school-based or after-school programs and camp settings

- Serve as chaperone, board member, event judge or camp counselor

- Create community service opportunities for youth in your area

- Work with other adults to create fun and exciting programs

Denton County 4-H is looking to grow the variety of projects and programs it has to offer. If you have a hobby and would like to make a difference in the youth of Denton County, please contact the Denton County AgriLife Extension Office. We are currently looking to build a project around outdoor education (camping, wildlife watching, shooting and hunting skills, and fire building), public speaking, entrepreneurship, consumer decision making, and several other projects. If you have a particular interest, we can build a project around it!

For questions on how to volunteer with Denton County 4-H, please contact Steven Baringer, Denton County 4-H and Youth Development Agent at 940-349-2884 or stevens.baringer@ag.tamu.edu. To learn what Denton County 4-H is currently involved in, visit denton.agrilife.org and like us on Facebook "Denton County 4-H and Youth Development."

Aubrey High School Students Qualified for the National Beta Convention

Amy Ruggini



AUBREY ISD, TX- Fourteen Aubrey High School students qualified for the National Beta Convention in Nashville this summer.

All fourteen Senior Beta members competed at the regional Student Leadership Summit in October at the Great Wolf Lodge in Grapevine. AHS students competed in all three of the leadership challenges: Collaboration Connection, Project Proposal and Lead Outside the Box, and three groups qualified.

The students who qualified included Abby Wright, Camden Stevenson, Sadie Huffmire, Lexie Erme, Sophie Huggins, Rory Duncan, Hillary Koeman, Hannah Newman, Favor Odimba,

Luke Travascio, Pieter Koeman, Stephen Burk, Max Griffin, and Brody Burton

In all challenges, students were given a task with a set amount of time and guidelines, and they had to collaborate to finish and then present to judges.

Maxwell Griffin was one of three Senior Beta students at the summit to be selected as a Leadership Representative. Max was given an on-site task and evaluated on collaborative/leadership skills, as well as a short interview. This is the first time that an AHS student has been chosen as a representative.

The National Beta Convention will take place in Nashville on July 1-4, 2022.

'Vice Chancellor Testifies...' continued from front page

revolutionary new way: by expanding our mission from simply using food to eliminate hunger and undernutrition to using food to become healthier," said Patrick J. Stover, Ph.D., vice chancellor of Texas A&M AgriLife, dean of the College of Agriculture and Life Sciences, and director of Texas A&M AgriLife Research. "This can only be achieved by innovating throughout the entire food supply chain and by advancing rigorous science — not merely focusing on what some deem to be 'healthy foods.'"

Today public health is a pressing topic, 50% of Americans suffer from diabetes or pre-diabetes, and 122 million Americans have been diagnosed heart disease. On the other hand, food scarcity is an emerging major issue. Since the pandemic began, food availability has become worse, especially for youth. 40% of all youth in the United States will soon be food insecure.

"Urbanization, gaps in knowledge, competing agendas and a deficit in public trust all contribute to the growing disconnect

between people and the food they eat," Stover said. "To put it bluntly, that disconnect threatens agriculture, the food supply and the health of our society. Fortunately, agriculture is uniquely positioned to be the solution. With current and emerging technologies, we can tailor agriculture and food systems to support any and all desired outcomes."

In Stover's eyes we must have a system approach that connects agriculture health and the consumer together. Texas A&M AgriLife has opened two new facilities to combat this issue. The first is the new Institute for Advancing Health through Agriculture, IHA. It is the first research facility to bring together precision nutrition and responsive agriculture research. The second is the Agriculture, Food and Nutrition Scientific Evidence Center at Texas A&M AgriLife. This facility will be a resource for lawmakers in providing non-biased, scientific evidence review about environmental, economic and health outcomes related to food policy decisions.

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SPIRITUAL

Area Church Directory

Sponsored by PointBank-Free Listing includes: Church Name, Address, Phone Number and Website. To include your church, please contact 380News at admin@380News.com.

Assembly of God Hilltop Church
Aubrey First Assembly of God
819 W. Sherman Dr. in Aubrey
Trilogy Community Church
Cross Oaks Elementary School,
600 Liberty Blvd, Cross Roads, TX 76227
469.708.7654
www.trilogy.church
Cowboy Country Chapel
603 Morrison
Pilot Point, TX 76258
Baha'i Faith
Baha'i Faith in Aubrey
800-22-UNITE or 972-632-6904
www.bahai.org and www.bahai.us
Baptist
Antioch Baptist Church
Hwy 428 & Hwy 2931
Aubrey, Texas 76227
Bethel Baptist Church
210 E. Main Street
Pilot Point, Texas 76258
903-429-3661
Calvary Baptist Church
Corner of 125 N. Jefferson & Walcott St., Pilot Point
www.calvarypilotpoint.com
Cowboy Church of Cooper Creek
3000 Rock Hill Rd.
Aubrey, TX 76227
972-841-3331
http://www.cowboychurchofcoopercreek.org/
Cross Fellowship Church
Meets at Savannah Elementary
1101 Cotton Exchange Dr
Aubrey, TX 76227
www.crossfellowship380.com
CrossRidge Church
1701 Walker Lane
(Across From Little Elm High School)
www.crossridgeonline.org
972-292-1953
First Rock Fellowship
201 N. Cherry Street, Aubrey
www.firstrockfellowship.org

First Baptist of Krugerville
Hwy 377 South, Krugerville
www.fbckrugerville.com
Green Valley Baptist Church
9901 FM 428 in Aubrey
Living Word Baptist Church
2315 FM 720 West
Little Elm, TX 75068
(469) 362-9010
www.livingwordbaptist.net
Midway Baptist Church
Hwy. 377 North of Aubrey
940-365-9312
www.midwaychurch.org
Mustang Baptist Church
Corner of I-385 & Mustang Rd. in Aubrey
New Hope Baptist Church
Highway 377, South, Aubrey
www.newhopeaubrey.com
Prestonwood Baptist Church
1001 West Prosper Trail, Prosper, TX
972-798-6700
Providence Village Church
Providence Elementary
1000 FM 2931
Aubrey TX 76227
www.providencevillagechurch.com
Rhea's Mill Baptist Church
Corner of I-385 & Mustang Rd., McKinney
972-562-2947
www.rheasmill.org
Catholic
St. Martin de Porres Catholic Church
4000 West University Dr.
Prosper, TX 75078
469-287-7624
www.saintmartindp.org
St. Thomas Aquinas Catholic Church
5733 North Custer Rd., McKinney
972-562-2947
www.stthomaspilotpoint.org
St. Sophia Ukrainian Catholic Church
5600 North Colony Boulevard
The Colony, Texas 75056
(972) 370-4700
www.stsophiakrainian.cc

Christian
First Christian Church in Aubrey
410 N. Main St.
rtaccsw.org/pages/minisite_fc Aubrey_home
Christian Church (Disciples of Christ)
First Christian Church
410 N. Main St. in Aubrey
First Christian Church of Denton
1203 Fulton Street
Denton, Texas 76210
www.fcddenton.org
Grace Christian Church
Baker Elementary School
Prosper ISD (Heatherwood Subdivision)
www.graceprosper.org
Church of Christ
Aubrey Church of Christ
910 S. Hwy. 377
Lake Dallas Church of Christ
504 Carlisle Dr.
Lake Dallas, TX 75065
940-497-5510
Rock Hill Church of Christ
9426 Rock Hill Road
Frisco, Texas
972-347-1919
Episcopal
St. Paul's Episcopal Church
420 South Coit Road
Prosper, TX 75078
972-347-9700
www.stpaulsprosper.org
Lutheran
Rejoice Lutheran Church (ELCA)
12000 Independence Pkwy, Frisco, Texas 75035
972-569-8185
www.RejoiceLutheran.com
Methodist
Aubrey First United Methodist
113 West Plum, Aubrey
www.aubreyfumc.com
Bethel Methodist Church of Denton County
3126 FM 2931, Aubrey Texas
409-543-8444
www.betheldenton.com

Button Memorial United Methodist Church
101 W. Eldorado Pkwy., Little Elm, TX. 75068
www.bmumc.org, 972-292-1465
Cross Way United Methodist
14632 Fishtrap Road, Aubrey, Texas 76227
www.crosswayumc.org
First United Methodist Church
217 S. Church St.
Pilot Point, TX 76258
(940) 686-2338
Harvest Bible Fellowship, CMC
3121 FM 2931
church.netministries.org/ch30630
New Leaf Church at Children's Lighthouse
3100 Woodlake Pkwy, Little Elm, Texas
972-325-8939, www.newleafnow.org
Oak Grove United Methodist
4725 FM 720 W.
(940) 365-3027
www.oakgroveunitedmethodist.org
Prosper United Methodist Church
205 S. Church St., Prosper
www.prosperumc.org, 972-347-2372
Mormon
Church of Jesus Christ of Latter Day Saints
8801 Martop Road, Aubrey Texas 76227
www.ComeUntoChrist.org
Non-Denominational
The Alabaster Box Ministries
1728 Flamingo Dr., Little Elm, TX 75068
www.thealabasterboxministries.com
817-262-9640
Bold Cross Cowboy Church
Sunday "Church in the Dirt"
3612 FM 1385, Aubrey, TX 76227
The Bridge Church
4582 Fishtrap Road, Denton, TX, 76208.
findthebridge.com,(940)735-2080
Grace Point Nazarene Church
611 East Liberty
Pilot Point, Texas
780-518-6132
Circle of Love Fellowship Church
16611 FM 428 W., Celina, TX 75009
972-816-6445

City of Transformation Church
Lakeside Manor Theater
902 W. Eldorado Pkwy, Little Elm, TX 75068
469-247-1863
www.cityoftransformation.org
Covenant Church
Cross Roads Campus
8690 Liberty Road
Cross Roads, TX 76227
940-365-1395
www.covenantcrossroads.org
Covenant Word Ministries Church
1501 Bluebird Dr.
(Paloma Creek South Clubhouse)
Little Elm, TX 75068
www.covenantwordministrieschurch.org
Frisco Bible Church
8000 Sanctuary Dr., Frisco, TX 75033
972-335-8150
https://www.friscobible.com/
Faith Assembly Church
700 N. Harmon Road, Aubrey, TX 76227
(940) 365-9360
aubreyfaithassembly.weebly.com
Gateway Church
7125 Legacy Drive
Frisco, 75034
Frs.GatewayPeople.com
469.238.1000
Grace Village Community Church
5325-B Highway 377
Krugerville, TX 76227
gracevillagechurch.org
Lighthouse Christian Fellowship
4331 E. Prosper Tr.
Prosper, TX 75078
972-562-2500
www.lighthouse.tx.com
New Leaf Church
meets at Children's Lighthouse
3100 Woodlake Pkwy, Little Elm
www.newleafnow.org
972-325-8939
North Texas Trinity Cowboy Church
9901 FM 2164
Sanger, TX, 76266
www.northtexascowboy.org
The Summit Church
910 S Hwy 377, Aubrey, TX 76227
www.coursummitchurch.com
940-453-4152

Relate Church
1400 FM 424
Cross Roads, TX, 76227
www.relatechurch.com
Restoration Cowboy Church
910 South Hwy 377
Aubrey, Texas 76227
Restorationcowboychurch.org
940-343-5377
Ridin' for the Brand Cowboy Church
5926 FM 455
Sanger, Texas 76266
www.ridinforthbrand.org
940-458-3076
Rock Creek Church
rockcreekk.church
469-815-5353
2880 Fishtrap Rd, Prosper, TX 75078
Worship Times 9:00, 10:30 and 12:00 PM
Savannah Life Fellowship
1440 FM 2931 Suites B, D & E
Aubrey, TX 76227
940-453-3953
www.savannahlifechurch.com
Unity Spiritual Center of Denton
6071 New Hope Road
Krugerville, TX 76227
214-453-0218
www.unitydenton.com
Tabernacle Church
601 South Church Street
Prosper Texas 75087
Phone: 940-300-5310
www.tabernacle-church.com
Orthodox Churches
St. Maximos Orthodox Church
2026 W. Oak Street, Denton, TX 76201
Pentecostal
Cornestone Church of Aubrey
7850 FM 2931, Aubrey, TX 76227
940-365-2238
www.ccaubrey.com
Seventh-day Adventist
Pilot Point Seventh-day Adventist
990 W. Walcott Rd., Pilot Point, TX 76258
214-794-9610
Denton First Seventh Day Adventist Church
11010 Hwy 377, Pilot Point TX 76258
Tel: 940 484 4889
dentonfirst22.adventistchurchconnect.org



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Letter From the Publisher

The Gift of Presence in 2021



Every holiday season I like to celebrate the gift of presence over pres-

ents. With everything in short supply the gift of presence is available, give abundantly! Sadly, physical presence may still be difficult this year. Who would have guessed over a year later something we take so easily for granted could still be so challenging?

With travel being more taxing in the current conditions it may be beyond our reach to visit our far

away loved ones this holiday season. Over the years, we have learned an important, yet easy life lesson that presence lasts longer, means more and binds a family tighter than any present ever will. Presence is a gift, which never is out grown, it doesn't get too small or boring, and never wears out or breaks. This is where I would say, "The best thing about presence is that it is always affordable and

available for any family at any time. During the holidays, we wish for all of our readers, more presence!" This year might be the first time that presence is not available in the traditional sense of the word. It is more important than ever to stay mentally connected in times that pushes us physically apart. Pick up the phone, Facetime someone, send a photo, or write an old school friend a letter. Find a way to be there even if you cannot actually be there. Pres-

ence no matter how it is provided is priceless.

We are completing our sixteenth year of publishing 380Guide, we hope through the magazine you get to know more about all of the fantastic things there are to do right here in the area. We anticipate through our articles you will find some places that will become meaningful to you and your family where you can develop traditions and grow together.

Please remember to support our advertisers when shopping for your gifts this holiday season. It is because of them that we can bring you area events, community information and micro-local articles at no cost to you.

All of us at 380Guide would like to wish all of our readers, good health, warm nights and festive holidays!

Merry Christmas and Happy New Year!
Jodie Linton-Prickett,
Publisher



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