



laygrounds, recreation centers, sports leagues, and summer camps are just a few things that come to mind when we think of traditional parks and recreation. Experience something new this summer and join Denton Parks and Recreation for July's Parks and Recreation Month. We challenge

you to explore our parks, pools, and playground. Look beyond the facilities for unique and enjoyable opportunities that benefit all ages.

As community needs grow and expand, so do the programs and services offered by city parks and recreation departments. Traditionally the focus has been on health and fitness programs and facilities, but that has surprisingly changed and grown to include experiences that are actively social and family-centric, as well as intergenerational.

With the support through participation, non-traditional opportunities continue to grow





and serve as a means for youth to engage both physically and emotionally and for adults to socialize with youth and actively participate. Here's a sample of events to expect this summer from Denton Parks and Recreation!

Celebrate Independence Day Together 5%

Grab your family and friends and join us for the 2023 Fourth of July Celebration. Kicking off the weekend, on July 1, you can participate in the 25th Annual Liberty 5K Run or 1-Mile Walk. Make a day of it, walk or run in the morning and stay for the parade right after! Then come join all the festivities on July 3 at the Jubilee Festival! Consider participating in the Hot Dog Eating Contest or enjoy live music, food trucks, inflatables, carnival games, and lots of fun.

Dive into Summer 🐇

Don't miss out on our Dive in Movie series at Water Works Park on June 9 and July 7. Bring your



family and enjoy floating in the wave pool while watching a great film. With movies for the whole family this is sure to be a splashing good time!

continues on page 8



The 380 Corridor's premier publication since 2005



continued from page 7

Big Wave Days_ 5

If you haven't discovered the wave pool at Water Works Park, then this summer is the perfect time! It's just the right mix of fun and relaxation as the waves differ in size and flow between cycles. The park is also home to four giant waterslides, two toddler slides, a children's play pool, a lazy river, sand volleyball, cabanas, party pavilions, and more!

A Swimming Good Time 🐇

Swimming is a life-saving skill for children and a vital tool to prevent drowning, the number one cause of death for U.S. children ages 1-4, and second leading cause for children 5-14. Be apart of the drowning prevention and join us at the Denton Civic Center Pool for the World's Largest Swim Lesson Day! Learn simple steps that could help protect your family this summer!





Get Down and Dirty 🦛

Community gardens cultivate lifelong lessons about the origins of what we consume and foster the desire for healthy, fresh eating. For some families, a community garden with rentable plots is the only chance they have for growing their own fruits and vegetables. The community garden at Bowling Green Park in Denton is a great example of how parks and recreation has grown outside of the box and encourages families to cultivate new outdoor experiences.

It's_ Yappy Hour Somewhere

Grab your four-legged companions and join us at the North Lakes Dog Park on June 2 for Yappy Hour. Enjoy an evening of fun, food, and furry friends! Don't miss out on the array of food vendors and pet treat vendors who will be serving a variety of pet friendly goodies!





Tell Them You Found Them in 380Guide